



Transesophageal Echocardiogram (TEE)
Instructions

Name: _____

Facility: _____

Date: _____ Time: _____ **CHECK-IN** time: _____

1. Nothing to eat or drink 6 hours prior to your procedure.
2. Please continue all medications as usual with small sips of water, unless directed by a provider or nursing staff.
3. If you take *Coumadin/Warfarin/Jantoven* you will need to have your Prothrombin Time (PT)/INR bloodwork checked 2 days before your procedure.
4. If you are scheduled for a **Cardioversion**, **CONTINUE ALL BLOOD THINNERS**
5. Bring a list of all of your medications with you to the hospital, including all over the counter medications / supplements.
6. Because you will be sedated, you will need someone to drive you home.
7. Plan on staying at the hospital between 4-6 hours. The actual procedure lasts 10-30 minutes. The remainder of the time is spent in preparation and observation.
8. This is an Outpatient procedure.
9. Be sure to notify the doctor or nurse if you have any allergies, difficulty swallowing, or problems with your mouth, throat or stomach.
10. Dr. Yilma will perform the test herself and interpret the study.

A Transesophageal Echocardiogram (TEE) procedure is a relatively common procedure and is considered to be fairly safe. However, it does require a probe to enter your mouth, esophagus and stomach. On occasion, patients may experience breathing problems, abnormal or slow heart rate, reaction to the sedative or minor bleeding. In rare occasions, TEE may also cause a tear or perforation of the esophagus.

By signing below, I acknowledge the instructions have been explained to me and my questions have been answered to my satisfaction. I also acknowledge that Dr. Zelalem Yilma or associate has discussed the risks related to the procedure with me, I agree to continue with the procedure.

Patient Signature: _____

Instructed by: _____ Date: _____