

# SanTan

CARDIOVASCULAR  
CENTER

Welcome to our Practice!

Please completely fill out the enclosed patient information forms and bring the **completed** forms to our office on your appointment date. Completing these forms in their entirety **prior** to your appointment will help your appointment to run more smoothly.

Also, please remember to bring a **PHOTO ID**, your **INSURANCE CARD(S)**, **COPAY**, and a **COMPLETE LIST OF YOUR MEDICATIONS** (including the medication name(s), dosages and how often you take them.

Should you have any questions, please feel free to call our office. Thank you and we look forward to caring for you!

Sincerely,

***San Tan Cardiovascular Center***

# SanTan

CARDIOVASCULAR  
CENTER

## PATIENT REGISTRATION

(Complete ALL Sections)

### Patient Information

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ M.I. \_\_\_\_\_

Birthdate: \_\_\_\_\_ Sex: M F Social Security #: \_\_\_\_\_

Arizona Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

Secondary Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Email Address: \_\_\_\_\_ Primary Care Physician: \_\_\_\_\_

Occupation: \_\_\_\_\_ Employer: \_\_\_\_\_

Marital Status: \_\_\_\_\_ Spouse Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Phone: \_\_\_\_\_ Relation: \_\_\_\_\_

Race: \_\_\_\_\_ Language: \_\_\_\_\_ Ethnicity: (circle one) Hispanic/Latino - Not Hispanic/Latino – Refuse to Report

Pharmacy: \_\_\_\_\_ Cross Streets: \_\_\_\_\_ Phone: \_\_\_\_\_

### Primary Insurance Information

Insurance: \_\_\_\_\_ ID: \_\_\_\_\_ Group #: \_\_\_\_\_

Policy Holder: \_\_\_\_\_ DOB: \_\_\_\_\_ Relation: \_\_\_\_\_

Social Security #: \_\_\_\_\_ Employer: \_\_\_\_\_

### Secondary Insurance Information

Insurance: \_\_\_\_\_ ID: \_\_\_\_\_ Group #: \_\_\_\_\_

Policy Holder: \_\_\_\_\_ DOB: \_\_\_\_\_ Relation: \_\_\_\_\_

Social Security #: \_\_\_\_\_ Employer: \_\_\_\_\_

*I hereby give permission to treat me or my dependents as necessary. I understand my insurance company may assist me in paying my medical costs, but I am ultimately responsible for all medical services rendered, and if necessary, agree to pay all reasonable and customary fees and/or attorney fees that may occur if my account becomes delinquent. I authorize the release of any medical information necessary to process any claims to my insurance company. I furthermore authorize payment of medical benefits to go directly to my physician for services rendered.*

Signature: \_\_\_\_\_ Date: \_\_\_\_\_



6859 E Rembrandt Ave – Suite 117 – Mesa, AZ 85212
6740 S Kings Ranch Rd – Suite 103 – Gold Canyon, AZ 85118
3980 E Riggs Rd – Bldg. 4 Suite 2 – Chandler, AZ 85249

PATIENT CONSENT for USE and DISCLOSURE of PROTECTED HEALTH INFORMATION

With my consent, San Tan Cardiovascular Center, LLC may use and disclose protected health information (PHI) about me to carry out treatment, payment and healthcare options (Treatment Payment Options). Please request a copy of San Tan Cardiovascular Center’s Notice of Privacy Practices for a more complete description of such uses and disclosures.

I have the right to review the Notice of Privacy Practices prior to signing this consent. San Tan Cardiovascular Center reserves the right to revise its Notice of Privacy Practices at any time. A revised Notice of Privacy Practices may be obtained by requesting a copy through the office or by forwarding a written request to the Privacy Officer at 6859 E. Rembrandt Ave. Suite 117, Mesa, AZ 85212.

With my consent, San Tan Cardiovascular Center may call my home or other designated location and may leave messages on voicemail or in person in reference to any items that assist our office in carrying out Treatment Payment Options; such as appointment reminders, insurance items and calls pertained to my clinical care, including laboratory results.

Empty checkbox

I wish to be contacted by all of the following methods (cross through ones that don’t apply):

Cell Phone Number: \_\_\_\_\_

Written Communication

- OK to leave text message with detailed information
Leave message with call back number only

- OK to mail to my home address
OK to mail to my work address
OK to fax to this number

Home Phone Number: \_\_\_\_\_

Web Enabled for Patient Portal

- OK to leave message with detailed information
OK to leave detailed message with person
Leave message with call back number only

- OK to send messages through Portal

Persons we CAN leave a detailed message with:

Persons we CANNOT give information to:

I have the right to request that San Tan Cardiovascular Center restrict how it uses or discloses my PHI to carry out Treatment Payment Options. However, the practice is not required to agree to my requested restriction, but if it does, it is bound to this agreement.

By signing this form, I am consenting to San Tan Cardiovascular Center to use and disclose of my PHI to carry out Treatment Payment Options. I may revoke my consent in writing except in the extent that the practice has already made disclosures in reliance upon my prior consent. If I do not sign this consent, San Tan Cardiovascular Center, LLC may decline to provide treatment to me.

Signature of Patient / Legal Guardian: \_\_\_\_\_

Printed Name: \_\_\_\_\_ Date: \_\_\_\_\_

# SanTan

CARDIOVASCULAR  
CENTER

**Patient Name:** \_\_\_\_\_

**Consent for Care and Treatment:**

I, the undersigned do hereby agree and give my consent to *San Tan Cardiovascular Center* to provide medical care and treatment considered necessary and proper in diagnosing or treating the above named patient.

**Patient / Responsible Party Signature:**

Sign: \_\_\_\_\_ Date: \_\_\_\_\_

**Privacy Practices**

By signing below, I acknowledge that I have received a copy of *San Tan Cardiovascular Center's* Notice of Privacy Practices and have been provided an opportunity to review it. **Initial:** \_\_\_\_\_

**Financial Policy / Notification of Patient Responsibility**

*San Tan Cardiovascular Center* will bill your insurance carrier solely as a courtesy to you. You are responsible for the entire bill when services are rendered. If your insurance does not remit payment within 60 days, the balance will be due in full from you. In the event your insurance company establishes a usually and customary fee schedule, you will be responsible for the remaining balance. If any payment is made directly to you for services billed, you recognize an obligation to submit same payment to San Tan Cardiovascular Center.

**Your insurance company requires us to collect your co-payments, co-insurance, and / or any unmet deductible amounts from you at the time of services.** If we do not collect these amounts, we could be in violation of our contract with your insurance company and risk being denied reimbursement for your treatment and future contracting. In the event that a check is returned for Non-Sufficient Funds, a \$35 service fee will be charged to you. **Initial:** \_\_\_\_\_

**Cancellation Policy**

We do charge a \$50 fee if you do not show up to a scheduled appointment or cancel the same day as your appointment. Please call us 24 hours in advance if you have to cancel your scheduled appointment.

If you are scheduled for a NUCLEAR STRESS TEST, and cancel the day of the appointment, you will be charged a \$100 fee. The radioisotope we order is SPECIFICALLY for you. It cannot be used on someone else and has to be used within a specific time frame. Any radioisotope not used is then wasted and we are charged for that as well. Please call us 24 hours BEFORE your appointment to reschedule.

**Insurance Verification**

We will / have verified your medical benefits with your insurance, based upon the information you provided. Please be aware that your insurance has a disclaimer that this is VERIFICATION OF BENEFITS only and does not guarantee payment. Benefits / payment is determined once the claim is received.

Please note: any remaining balance will be billed to you once information / payment is received from your insurance company. By signing below, I acknowledge that I have read the above information, and that I am ultimately financially responsible for my treatment. I understand and agree that if I fail to make any payment that I am responsible for in a timely manner, I will be responsible for all costs of collecting monies owed, including but not limited to costs, collection agency and/or attorney's fees.

Patient / Guardian: \_\_\_\_\_ Date: \_\_\_\_\_

# SanTan

CARDIOVASCULAR  
CENTER

## NEW PATIENT MEDICAL HISTORY FORM

LAST NAME: \_\_\_\_\_ FIRST NAME: \_\_\_\_\_ MI \_\_\_\_\_

DOB: \_\_\_\_\_ Date: \_\_\_\_\_

Primary Physician Name: \_\_\_\_\_

Address: \_\_\_\_\_

**How did you find out about us?**

Physician Referral  
 Relative or Friend  
 Insurance  
 Website  
 Hospital  
 Internet

Other please specify:  
 \_\_\_\_\_

**Reason for today's visit:**

Establish care with practice     Specific complaint or concern  
 Establish with cardiologist     Second Opinion  
 Other: Please specify:  
 \_\_\_\_\_

**Past Medical History** (Please complete the following questions for your physician's review)

	Y	N		Y	N		Y	N
Diabetes			Stomach Ulcer			Aneurysm		
High Cholesterol			Diverticulitis			Sleep Apnea		
Congestive Heart Failure (CHF)			Hernia			Pneumonia		
Hypertension			Polyps			Sleep Apnea		
Heart Arrhythmia			Acid Reflux			Osteoporosis		
COPD			Bleeding Disorder			Prostate Disease		
Asthma			Anemia			Heart Valve Problems		
Home Oxygen Use			Blood Clots			Depression		
Arthritis			Mini Stroke (TIA)			Dementia		
Thyroid Disease			Stroke			Hepatitis		
Kidney Disease			Alcohol Abuse			Cancer		
Liver Disease								

Have you had a previous **Heart Attack (MI)**?     YES     NO    Date: \_\_\_\_\_

Have you had any previous **Coronary Heart Stents**?     YES     NO    Date: \_\_\_\_\_

Have you had previous **Heart Bypass Surgery**?     YES     NO    Date: \_\_\_\_\_

Have you had any previous **peripheral (leg) stents**?     YES     NO    Date: \_\_\_\_\_

Have you had **Birth Defect heart surgery**?     YES     NO    Date: \_\_\_\_\_

Have you had **Carotid Surgery**?     YES     NO    Date: \_\_\_\_\_

**Do you have an Implantable Cardiac Device?**     YES     NO

Implantable Defibrillator (ICD)     Pacemaker     Loop Recorder     Watchman     Biotronik  
 CardioMEMS     LVAD     Abbott (St Jude)     Medtronic     Boston Scientific

<b>Family History</b>	<b>Mother</b>	<b>Father</b>	<b>Brother</b>	<b>Sister</b>
<input type="checkbox"/> Hypertension	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Diabetes	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> High Cholesterol	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Heart Attack	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Heart Arrhythmia	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Stroke	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Obesity	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Bleeding Disorder	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

**Childhood Diseases:**

**Measles**

**Mumps**

**Rubella**

**Chickenpox**

Other: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Have you had Heart Valve surgery?**  YES  NO

Aortic Valve       Bioprosthetic (tissue)  Repair     TAVAR     Mechanical

Tricuspid Valve     Bioprosthetic (tissue)  Repair     Mitral Clip  Mechanical

Mitral Valve         Bioprosthetic (tissue)  Repair

Pulmonary Valve     Bioprosthetic (tissue)  Repair

**Social History**

Marital Status       Single       Widower       Divorced

Employment statuses     Full Time     Part time     Retired       Student

List your occupation \_\_\_\_\_

Smoker              Packs / Day \_\_\_\_\_

Former Smoker      When did you quit? \_\_\_\_\_

Vaping                Quantity Daily \_\_\_\_\_

Alcohol                Quantity Daily: \_\_\_\_\_

Recreational Drugs    Quantity Daily & Type: \_\_\_\_\_

Exercise              Days / Week: \_\_\_\_\_

Sexually Active

Obesity

Bleeding Disorder

Recent travel outside of the country? \_\_\_\_\_

**Excessive Work or Home Exposure**

Fumes     Chemicals     Noise     Dust     Solvents     Pollutants     Radiation

**Have you recently been admitted to the hospital for cardiac symptoms?**  YES  NO

If yes, when and where? \_\_\_\_\_

**In the last year, have you had any cardiac testing?**  YES  NO

If yes, what, when and where? \_\_\_\_\_

\_\_\_\_\_

**When was your last eye exam?** \_\_\_\_\_ **Do you have:**  Eyeglasses  Contacts

# MEDICATIONS

**Allergies**- Please List any medication allergies or intolerances and reactions:

---

---

**Please List all your current medications (Including supplements, vitamins and over the counter):**

- 1) \_\_\_\_\_
- 2) \_\_\_\_\_
- 3) \_\_\_\_\_
- 4) \_\_\_\_\_
- 5) \_\_\_\_\_
- 6) \_\_\_\_\_
- 7) \_\_\_\_\_
- 8) \_\_\_\_\_
- 9) \_\_\_\_\_
- 10) \_\_\_\_\_
- 11) \_\_\_\_\_
- 12) \_\_\_\_\_
- 13) \_\_\_\_\_
- 14) \_\_\_\_\_
- 15) \_\_\_\_\_
- 16) \_\_\_\_\_
- 17) \_\_\_\_\_
- 18) \_\_\_\_\_
- 19) \_\_\_\_\_
- 20) \_\_\_\_\_

**Recent Immunizations**    Pneumovax    Hepatitis A    Hepatitis B    Shingles    HPV  

**Family History** - Please check all that apply   Are you adopted?  Yes

Father    Living  Deceased    Cause of Death / age: \_\_\_\_\_

Cardiac Illnesses: \_\_\_\_\_

Mother    Living  Deceased  Cause of Death / age: \_\_\_\_\_

Cardiac Illnesses: \_\_\_\_\_

**Do you have a Living Will?**   YES    NO    If yes, please provide us with a copy.

# REVIEW OF SYMPTOMS

Please check all that apply

## Constitutional:

Weight Loss  Weight Gain  Fatigue

## Cardiovascular:

Angina, Chest Pain  Abnormal blood pressure  Abnormal heart rate  Abnormal EKG  Hypertension  
 Palpitations  Heart Attack  Edema, Swelling in legs or feet  Arrhythmia  Heart Murmur  Edema, Swelling in abdomen  
 Passing out or Black-out Spells  Congenital Heart defects  Claudication issues  Leg pain  R  L  
 Varicose ( R  L)  Restless legs ( R  L)  Leg discoloration ( R  L)

## Respiratory:

Cough  Coughing up blood  Shortness of Breath  COPD  Asthma  Pneumonia

## Ear, Nose and Throat (ENT):

Difficulty hearing  Ringing in ears  Vertigo  Bleeding Gums  Sore Throat  Allergies

## Gastrointestinal:

Heartburn  Nausea/Vomiting  Blood in Stool  Change in bowel movement  Constipation  Diarrhea  Abdominal Pain  Hemorrhoids  Ulcers

## Genitourinary:

Pain while Urinating  Burning while Urinating  Difficult Urinating

## Hematologic:

Bruising Easily  Anemia  Enlarged Glands

## Musculoskeletal:

Arthritis  Decreased Motion  Gout  Back Pain  Muscle Pain  Neck Pain  Joint Pain  Joint stiffness

## Skin:

Rash or Sores  Itching/Burning Skin  Psoriasis

## Neurological:

Dizziness  Seizures  Weakness  Numbness  Tremor  Headache  Spasticity (Spasm)  Memory Loss  Stroke  Speech impairment  Difficulty with walking  Difficulty with balance

## Psychiatric:

Anxiety  Depression  Insomnia

Patient or authorized person's signature: \_\_\_\_\_



# Epworth Sleepiness Scale

Name: \_\_\_\_\_ Today's date: \_\_\_\_\_

Your age (Yrs): \_\_\_\_\_ Your sex (Male = M, Female = F): \_\_\_\_\_

How likely are you to doze off or fall asleep in the following situations, in contrast to feeling just tired?

This refers to your usual way of life in recent times.

Even if you haven't done some of these things recently try to work out how they would have affected you.

Use the following scale to choose the **most appropriate number** for each situation:

- 0 = would **never** doze
- 1 = **slight chance** of dozing
- 2 = **moderate chance** of dozing
- 3 = **high chance** of dozing

*It is important that you answer each question as best you can.*

## Situation

## Chance of Dozing (0-3)

Sitting and reading \_\_\_\_\_

Watching TV \_\_\_\_\_

Sitting, inactive in a public place (e.g. a theatre or a meeting) \_\_\_\_\_

As a passenger in a car for an hour without a break \_\_\_\_\_

Lying down to rest in the afternoon when circumstances permit \_\_\_\_\_

Sitting and talking to someone \_\_\_\_\_

Sitting quietly after a lunch without alcohol \_\_\_\_\_

In a car, while stopped for a few minutes in the traffic \_\_\_\_\_


**THANK YOU FOR YOUR COOPERATION**

PAD INITIAL SYMPTOM CHECKLIST Things to discuss with your doctor

What is PAD?

PAD stands for Peripheral Artery Disease which is a condition where deposits, called calcium or plaque, build up over time on the inside walls of the arteries in your legs. This build up causes the arteries to narrow, reducing blood flow to the legs and feet.

Some Facts about PAD

- Between 8 million and 12 million Americans have PADi
• One in three people over the age of 50 with diabetes is likely to have PADii
• >50% of the 160,000 individuals who have a leg or foot amputated each year never had a vascular diagnostic evaluation to determine if blood flow could be restored.iii

Some risk factors that increase the chance you may develop PAD.

Are you 50 years old or older? [ ] Yes [ ] No
Do you smoke or did you smoke? [ ] Yes [ ] No
Have you been diagnosed with any of the following?
Diabetes? [ ] Yes [ ] No
Chronic kidney disease? [ ] Yes [ ] No
High blood pressure? [ ] Yes [ ] No
High cholesterol? [ ] Yes [ ] No
Have you experienced tiredness, heaviness, or cramping in the leg muscles? [ ] Yes [ ] No
Do your toes or feet look pale, discolored or bluish? [ ] Yes [ ] No
Pain in the legs and/or feet that disturbs sleep? [ ] Yes [ ] No
Sores or wounds on toes, feet, or legs that heal slowly or not at all? [ ] Yes [ ] No
One leg or foot feels colder than the other? [ ] Yes [ ] No
Poor nail growth and decreased hair growth over time on toes and legs? [ ] Yes [ ] No

Answers to these questions will help your physician determine the need to be screened for PAD to better assess your vascular health.

i US Department of Health & Human Services National Institute of Health August 2006
ii What is the link between diabetes and PAD? Vascular Disease Foundation website. http://vascular-disease.org/flyers/lifesaving-tips-on-diabetes-and-padflyer.pdf. Accessed Feb.1,2013
iii Goodney PP.Travis LL. Nallamothu BK, et al. Variation in the Use of Lower Extremity Vascular Procedure for CLI. Circ.Cardiovasc Qual Outcomes. 2012: 5:94-102

---

# SanTan

CARDIOVASCULAR  
CENTER

## VENOUS SELF-ASSESSMENT

### Patient Self-Assessment

Please take this self-assessment to see if you might be a candidate for additional screening for potential varicose veins and / or chronic venous insufficiency.

### History

Have you ever had varicose veins? Yes No

### Signs and Symptoms

*Do you experience any of the following signs and symptoms in your legs or ankles?*

Do you experience leg pain, aching or cramping? Yes No

Do you experience leg or ankle swelling, especially at the end of the day? Yes No

Do you feel "heaviness" in your legs? Yes No

Do you experience restless legs? Yes No

Do you have skin discoloration or texture changes? Yes No

Do you experience "itchiness" on your legs? Yes No

### Risk Factors

Has anyone in your blood-related family ever had varicose veins or been diagnosed with venous reflux disease or chronic venous insufficiency? Yes No

Have you had any treatments or procedures for vein problems? Yes No

Do you stand for long periods of time, such as at work? Yes No

### Self-Assessment Results

If you answered yes to one or more of the above questions, please contact us for a consultation to see if you may have venous reflux disease.