



HOLTER MONITOR INSTRUCTIONS AND CONSENT FORM

Patient Name: _____

Date of Birth: _____

Account Number: _____

What is a Holter Monitor? A holter monitor is a continuous electrocardiogram (ECG) performed while you are doing daily activities. It will record changes, if any, in your heart rate and patterns. It is not a pacemaker and will not be affected by electrical equipment.

What should you do? Follow your normal daily routine while wearing the monitor. Anytime you have a symptom, press the record button on the monitor and note on your diary. Take your medications as you normally do. No bathing, showering or swimming to avoid getting the monitor and electrodes wet. However, you may wash your hands, shave, do dishes, laundry etc. without any fear.

How to keep your diary? When you press the button to record an event, be sure to list the time and what you were doing. List any symptoms such as chest pain, dizziness, fatigue, etc. Bring the diary when you return the monitor.

I understand that I am responsible for this equipment while it is in my possession and agree to pay for any damage or loss. I will be charged a replacement fee as follows: Holter Monitor: \$1500, 5-Lead Cables \$150, Holter Belt \$10, Holter Pouch \$10.

Signature: _____ Date: _____

Technician: _____ Date: _____